



## MUMBAI BRANCH OF INDIAN ASSOCIATION OF PHYSIOTHERAPISTS

### One day workshop on ***“Fundamentals of Aquatic Therapy”***



#### **Dr. Brinda Merchant**

*Assistant Lecturer,  
International Aquatic Therapy Faculty, Switzerland  
Head of Aquatic Therapy,  
SRCC Centre for Child Development*

#### **Learning Objectives:**

- Receive an Overview of Hydrodynamics.
- Understand Physiological and Therapeutic Effects of Aquatic Therapy and Evidence-based rationale for use.
- Experience Concepts of Water-Specific Therapy/Halliwick method and observe how to incorporate concepts as part of the treatment plan.
- Analyse Modifications, Precautions, Indications, and Contraindications appropriate to client needs.
- Demo of exercises in the pool (please carry pair of clothes to be worn in the pool)

Saturday, 20th Jan 2024, 9 AM -6 PM, SRCC Hospital, Haji Ali, Mumbai  
Registration Fees - Rs.4500/-

Registration: Up to 15th Jan, 2024 (Only 15 Seats)

Contact Person:

Dr. Mayur Revadkar (PT) : 9619581894

Dr. Mansi Sheth (PT) : 9820062412

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#### **Overview of the workshop / Session or program or module details:**

- This workshop facilitates an understanding of aquatic therapy fundamentals. It provides an overview of clinical application to maximize functional potential of a client.
- Pool sessions would enable therapists to learn basic concepts of Water Specific Therapy hand-on, and explore water as a therapeutic modality. Case studies and discussion of published research would help form an evidence informed perspective.
- This workshop would serve as a stepping stone for further certifications in aquatic therapy, which may be organized in collaboration with senior faculty members of IATF, Switzerland.

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